



Congratulations on your new tattoo!
Here are the key steps for it to heal properly.

1. Washing

- Remove the protective film about 24 hours after your tattoo, then gently wash the area with lukewarm water and a mild antibacterial soap.
- Avoid sponges or abrasive products.
- Rinse thoroughly and gently pat dry with a clean towel.

2. Moisturising

- Apply a dedicated healing cream (Eucerin Aquaphor, Biafine or shea butter) about three times a day: morning, afternoon and evening.
- Avoid petroleum-based products (such as Vaseline).

3. Protection

- Don't scratch or pick at the tattoo.
- Wear loose, breathable clothes in natural fibres (cotton).
- Keep the tattoo out of direct sunlight for at least 2 weeks.
- Don't go to the pool or the beach while it heals.

4. Watch out for

- Don't soak the tattoo in water or a pool for at least 2 weeks.
- Don't share personal items such as towels or razors.
- If you notice excessive redness, swelling, pain, pus or fever, contact your tattoo artist or a doctor straight away.

Extra tips

- Follow any specific instructions your tattoo artist gives you.
- Keep the tattooed area clean and dry.
- Get enough sleep and eat well.
- With proper care, your tattoo will heal well and be fully healed within 30 days.